



BEARDEN HIGH SCHOOL

STUDENT SELF EVALUATION FORM

For Teacher Letter of Recommendation

Please type your answers on a separate sheet and give those answers and this completed form to the teacher **who has agreed** to write you a letter of recommendation. Provide the teacher with the names of each college they can expect to hear from via email, **or** indicate if the recommendation will be submitted online via Common Application.

NOTE: You should complete separate forms for each teacher as your answers will be unique to each class.

Full Name _____ DOB: _____ Today's Date _____ Date Needed: _____

I have discussed with the teacher the method they will use to submit the recommendation **(CHECK 1)**

Submit online direct to the college (If you chose this option, please complete the information below)

I have provided my teacher's e-mail address to the college, and/or, I have given the teacher the link to submit the information online. **I have listed the colleges below:**

Submit through Common Application

Submit online via the Common Application. I have provided my teacher's e-mail address & phone contact information to the Common Application.

Teacher Name: _____ Class(es) I took with this teacher are:

1) Class: _____; in grade: _____; 2) Class: _____; in grade: _____

Other interaction with this teacher (club, activity, or athletic area): _____

How long have you known this teacher and in what capacity? _____

When Colleges review your file, the most important item in a teacher letter of recommendation is a description of your ability in the classroom and how that would transition to college level courses. Therefore, letters from teachers will focus on your academic growth and promise. Reflect on these questions and give your comments to your teacher.

1. How did you grow over the year/semester as a result of this class?
2. Provide an example of growth (e.g. if your work in the class improved later in the term, to what do you contribute the change)?
3. How did you contribute to the classroom community?
4. I believe that the best piece of work (paper, lab, oral presentation, etc.) that I did for your class was:
5. What I found most challenging about your class was:
6. The particular moment or experience that stretched me the most in class was:
7. Comment on your participation in this class.
8. How will what you learned from this class translate to success at the college level? To your life goals?